Take Our Kids to Work™

The Students Commission of Canada

WORKPLACE GUIDE 2026

November 4, 2026

takeourkidstowork.ca

#KidstoWork



Different Perspectives, Shared Direction

Presented by

The Students Commission of Canada
Centre of Excellence for Youth Engagement

La commission des é èves du Canada
Le centre d'excellence pour l'engagement des jeunes

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About the Students Commission of Canada

The Students Commission of Canada (SCC) is a charitable organization dedicated to ensuring that young people are valued, heard, and actively involved in shaping their futures. We work purposefully with partners to transform youth ideas into actions that improve their lives, the lives of their peers, and their communities. Our mission is to create a world where all young people transition positively into a successful adulthood, equipped with the skills, confidence, and opportunities they need to thrive.

Through initiatives such as Take Our Kids to Work Day, we aim to break down barriers to career exploration and ensure that every young person has the opportunity to discover a diverse array of career paths. By fostering accessibility and inclusivity, we strive to empower youth to see their potential and realize their role in transforming communities across Canada.

Welcome Workplaces!

Help prepare the next generation during Take Our Kids to Work Day 2026!

Launched in 1994, Take Our Kids to Work (TOKW) is the most recognized career exploration event in Canada. For over 30 years, thousands of Grade 9 students across Canada join their parents, caregivers, friends or relatives at work to get a firsthand look at diverse workplaces and learn about the skills that are important when pursuing various careers.

The Students Commission of Canada (SCC) is creating new opportunities for both virtual and in-person experiences. With your participation, we hope to equip young people to contribute to this year's theme: Different Perspectives, Shared Direction. We are committed to continuing to engage youth from all backgrounds to experience a meaningful career exploration day.



Before, during and after Take Our Kids to Work Day 2026, workplaces and their employees play an important role in igniting students' curiosity and opening the door for them to explore their future!

No matter what TOKW looks like in your workplace on Wednesday, **November 4**, we're here to support you!

What's Happening in 2026?

A dynamic virtual Cornerstone video – Different Perspectives, Shared Direction. This video can help you and your team kick off the day. Employees and their children can review the 2025 material, which will offer insights into the skills and opportunities available in various career paths.

TOKW Career Live! All day November 4, 2026, your employees, visiting students and their families can drop-in to a coast-to-coast live stream event.

Updates, tips, activities and ideas for making Take Our Kids to Work Day meaningful for your employees and the students you host are in this guide.

Participation Is Simple!

You'll be able to access the Cornerstone video and other material to plan your event by signing up for updates. We will provide you with advance previews of the materials, email reminders, participant certificate templates and social media assets. On November 4, 2026 and afterwards, we provide access to all resources and guides, plus TOKW Career Live! for your employees, their families and students visiting your premises.

BEFORE THE DAY



By October 24, 2026

1. **Determine what your organization's TOKW Day will look like**. Some questions to ask include:
    a. How will you mix speakers, virtual resources, live Q&A room and tours of your facilities?
    b. Are any hands-on activities for students possible?
    c. Is it for students associated with your employees only or do you want to reach out to neighboring schools? Some children are unable to attend at their caregivers'/parents' workplaces.
    d. How long will the day run? Will it be a full day, half-day or a couple of hours?
2. **Prepare the agenda**. Incorporate the Cornerstone kickoff and theme sessions as appropriate, identify guest speakers from your company, tours, etc.
    a. Resource: Take Our Kids to Work Day sample agenda
    b. Resource: Take Our Kids to Work Day sample activities
3. **Organize a way for employees to sign up to assist on Take Our Kids to Work Day**. Consider different roles, e.g., hosts, speakers, facilitators, activity leaders, etc.
4. **Get the message out**! Once you determine what your day will look like, send an all-employee email, or post on your office's intranet, to announce your workplace's participation in Take Our Kids to Work 2026 and invite employees to sign up to join in the fun!
    a. Resource: Take Our Kids to Work Day internal email

Week of October 27, 2026

1. **Finalize and confirm** all presenters and presentations, panelists, speakers, and activities included in your Take Our Kids to Work Day program.
2. **Do a dry run of your TOKW Day**. Ensure that TOKW Career Live! and showing the TOKW Cornerstone video and other material will be smooth, so book time with your presenters to test the technology and ensure everyone is set up for success. Test your platform if using virtual components (e.g., Microsoft Teams, Webex, Zoom).
3. **Identify and enlist a designated tech support employee** to set up, test, run and troubleshoot your organization's activities seamlessly. Share contact info for your tech support broadly so all participants have the support they need on November 4.
    a. Ensure any presenters/speakers are briefed, have speaking notes, and test their technology and connections in advance.
    b. Provide links and logins and include them in calendar invites.
4. **Circulate your Take Our Kids to Work Day agenda** so all employees are aware of the schedule for the day.

Week of November 2, 2026

1. **Email employees** and their children to inform them of the agenda for the day, provide links, and generate enthusiasm for participating!
2. **Join the conversation online**! Post on your company's social media channels and invite your employees to do the same. Use **#KidsToWork** and **#TOKW2026** and tag @StdntsCmmssn in all posts on X, @studentscommission on Instagram and tag The Students Commission of Canada on Facebook and LinkedIn.

DURING THE DAY



November 4, 2026 (the big day!)

1. Throughout the day, join the conversation and at TOKW Career Live!
2. Take screen shots, video and group photos and tag us!
    a. If you are posting photos that identify participants by name, make sure you have obtained appropriate, informed consent.

Tips for a Successful Take Our Kids to Work Day!

Preparing for Engagement

Know Your Audience

Start by getting to know the students you'll be hosting. Some workplaces send out brief surveys beforehand to learn what students are curious about, how they prefer to engage, and what they hope to experience. This helps create a more personalized and welcoming experience.

Set Expectations in Advance

Communicate clearly with parents, schools, and students ahead of time about the day's format, safety protocols, and dress code. A short memo or checklist will do the trick. This helps set everyone up for success.

DRESS CODE – WHAT TO EXPECT

Students are asked to dress in a way that is clean, comfortable, and respectful of a professional environment. Keep in mind:

- Styles and access to clothing may vary widely.
- The goal is self-expression while maintaining appropriateness for a workplace visit.
- Expect a range of attire, from business casual to modern youth fashion. Focus on whether their clothing is safe for your work environment rather than the style itself.
- This is not a formal or uniformed event.
- If any clothing raises concerns (e.g., offensive language or imagery), please approach the situation with care or consult the school contact.

Tips for Youth Engagement

Vary Content and Speakers

Keep energy high by offering a variety of short, engaging sessions. Include a mix of employee speakers from different departments and career levels. Best practices suggest that 10-min presentations are ideal for concentration. Alternate between presentations and other activities as presented below.

Make It Interactive

Use polls, quizzes, hands-on activities, and team challenges to involve students actively. For virtual participants, engage through chat, breakout rooms, or interactive polls.

Physical Activity Breaks

Incorporate breaks that encourage students to move around, stretch, or go outdoors. Movement boosts focus and energy.

Incentivize Participation

Offer small prizes or recognition for active participation, curiosity, or creativity throughout the day. It doesn't have to be big: stickers, Halloween-size candies or even a point-system makes it a bit more exciting.

Mindset Shifts

Shift your mindset from seeing students as guests to engaging them as collaborators. Ask yourself: "If I were 14 or 15, how would I want to be treated in this space?"

Rather than delivering content *to* students, aim to design the experience *with* them. This collaborative approach creates a more meaningful, respectful, and empowering day — and

it's grounded in four foundational pillars:

The 4 Pillars: Respect, Listen, Understand, Communicate™

- **Respect:** Everyone's voice matters — students and adults alike.
- **Listen:** Create space to hear different perspectives without interruption.
- **Understand:** Take time to ask why someone feels or thinks a certain way.
- **Communicate:** Speak with, not at. Avoid jargon. Use honest, clear, and inclusive language.

Physical Setup: Sit in a Circle

- Ditch the "front of the room" power dynamic.
- Arrange chairs in a circle to reinforce equality, shared responsibility, and openness.
- Everyone — students, teachers, facilitators, staff — is on the same level.

Start by Co-Creating Group Guidelines

Before starting, invite students to help set the tone and create shared expectations. Use prompts like:

- "What kind of space do we want to create today?"
- "How do we want to treat each other?"
- "How do we want adults to show up in this space?"
- "What does it look like to listen or respect here?"

Document answers on a flip chart or digital board that everyone can see and agree to.

Check-ins & Icebreakers

Check-ins and icebreakers are more than just fun — they build trust, create safe spaces, and lay the foundation for authentic engagement, especially with youth. Here's why they matter, especially for events like Take Our Kids to Work Day:

Why Check-Ins & Icebreakers Matter

1. **Build Psychological Safety**
   When students feel safe emotionally and socially, they're more likely to take risks, ask questions, and engage fully. Check-ins normalize sharing thoughts and show every voice matters.

   "When I'm asked how I'm doing, I feel seen. That makes it easier to speak later." – Youth Participant

2. **Shift Mindsets and Power Dynamics**
   Icebreakers signal that this space is about shared experience, not top-down instruction, inviting students to show up as active, not passive, participants.

3. **Build Relationships & Trust**
   Students engage more when they feel known and respected. Icebreakers open informal conversations, reducing awkwardness—especially for shy participants.
4. **Set the Tone for Inclusion**
   A well-designed check-in ensures everyone gets a chance to speak early, reinforcing that presence matters beyond performance.
5. **Help Focus & Ground the Group**
   Grounding activities help students transition into the space, creating a shared starting point and appropriate energy level.

Examples of Effective Check-Ins

- "One word for how you're feeling right now."
- "What's something that made you smile this week?"
- "If your mood today were a weather forecast, what would it be?"
- "If you could try any job for one day, what would it be and why?"
- "What's a career you've always been curious about but know little about?"
- "What's something you enjoy doing that could maybe turn into a job one day?"
- "Who's someone with a job you admire, and what do you admire about it?"
- "If you could instantly become great at any skill, what would it be?"
- "What's your go-to snack or favourite dessert?"
- "If you could visit anywhere in the world for free, where would you go?"
- "What's a movie, show, or song you're really into right now?"
- "If you were a superhero, what would your power be?"

Simple Icebreaker Games

1. Two Truths and a Lie

Purpose: Help participants get to know each other in a fun way.

Instructions:

- Each person thinks of **3 statements** about themselves: 2 truths and 1 lie. The lie should be believable to keep it fun.
- One by one, participants share their statements in any order.
- The group asks questions to figure out which is the lie.
- Everyone votes, then the truth is revealed.
- (Optional) Score points for correct guesses; highest score wins.
- **Tip:** Set a time limit (e.g., 3 minutes per person) to keep the pace.

2. Count Up

Purpose: Foster calm, focused teamwork and nonverbal communication.

Instructions:

- The group counts aloud from 1 to a target number (e.g., 20), saying one number at a time, with **only one person speaking at once.**
- If two people speak simultaneously, the group restarts at 1.
- No talking except the numbers; no gestures allowed.
- Goal: count to the target number without interruption.
- Debrief about communication and teamwork afterward.

3. Mystery Object

Purpose: Spark creativity and conversation.

Instructions:

- Ask participants to grab an item from their desk, bag, or nearby area.
- One by one, participants show their object.
- They must explain how the object represents something about them.
- Encourage questions from the group.
- Highlight interesting stories and connections that emerge.

4. Speed Connections

Purpose: Build relationships quickly.

Instructions:

- Pair participants for 2 minutes.
- Provide a discussion prompt such as:
    - *What is a skill you'd love to learn?*
    - *What is your favourite way to spend a weekend?*
    - *What is one thing on your bucket list?*
- After 2 minutes, switch partners.
- Continue for 3–4 rounds.

Ask participants to share something memorable they learned.

5. Common Ground Challenge

Purpose: Find surprising similarities and build connections.

Instructions:

- Divide participants into small groups of 4–6.

- Give groups 5 minutes to find as many things they all have in common as possible.
- Commonalities cannot be obvious physical traits (e.g., "we all have hair").
- Encourage unique discoveries such as hobbies, experiences, favourite foods, or travel destinations.
- Each group shares their most surprising commonality.
- The group with the most unique connections wins.

6. West Wind Blows

Purpose: Help participants learn interesting facts about each other while getting everyone moving and energized.

Instructions:

- Arrange chairs in a circle with one fewer chair than the number of participants.
- One person stands in the middle and says, **"The west wind blows for anyone who..."** followed by a statement that is true about themselves (e.g., "...has a pet," "...likes coffee," "...has travelled outside Canada").
    - Everyone who relates to the statement must stand up and move to a different chair.
    - The person in the middle also tries to find a seat.
    - Whoever is left without a chair becomes the next person in the middle and shares a new statement.
- Continue for several rounds, encouraging a mix of fun, light-hearted, and interesting facts.
- Remind participants to avoid overly personal or sensitive topics.

Tip: Encourage creative prompts such as favourite hobbies, hidden talents, travel experiences, or unique interests to keep the game engaging.

AFTER THE DAY



After November 4, 2026

1. Send an internal communication highlighting the success of the day and thanking employees, students, presenters, and all participants.
2. Send your photos and videos to info@studentscommission.ca.

How to Access the Recorded Sessions and Virtual Event?

Different Perspectives, Shared Direction Cornerstone Video

5 minutes

To kick off TOKW Day 2026, we are excited to present a Cornerstone video featuring the Students Commission of Canada. This video will set the tone for the day and provide valuable insights into the significance of the program and the opportunities it offers for career exploration and community engagement.

Access the video on our resource page. (Available early October)

TOKW Career Live!

All-day drop-in

This virtual national event is designed to bring career exploration to life for students across Canada. Through live presentations, interactive sessions, and expert interviews, Career Live! guides young people toward fulfilling career exploration. It provides a unique platform where students can engage in real-time with professionals from various industries, ask questions, and gain insights into a wide array of career paths. This event breaks down barriers to career exploration, making it accessible to all students, regardless of their location or background. Join us for one or many of the presentations and let's prepare youth for the jobs of today and tomorrow, ensuring they are equipped to thrive in an ever-changing world.

Please see the full-day schedule on our resource page. (Available early October)

Signing up for TOKW 2026 with The Students Commission of Canada gives you access to all the details about the event, the resources, webinars to assist in planning and updates about ***TOKW Career Live!*** It provides reminders and links to the recordings and resources for previewing all materials before they go live for students on November 4. Finally, it helps us to scope the impact of the event on a national scale.

Safety Recommendations

Online Safety



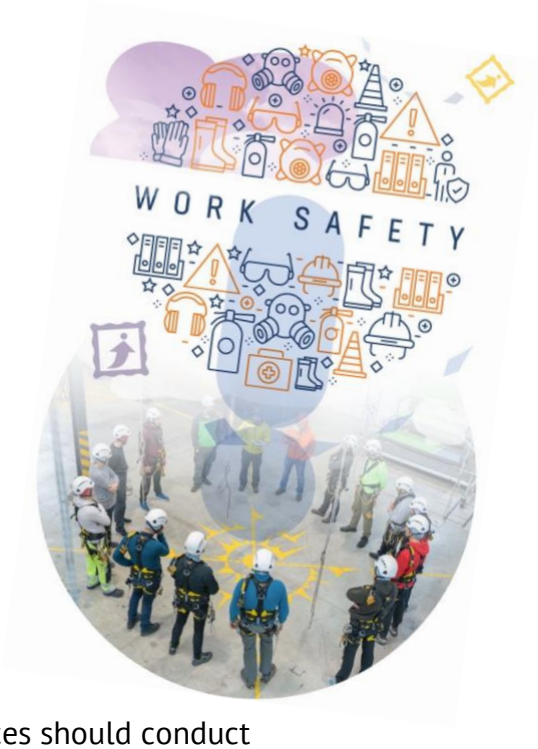
For online safety tips for students, visit:

- Canada Safety Council: Online Safety Rules for Kids
- ACTIVE Kids: Online Safety Tips for Remote Learning
- Kids Help Phone: Staying Safe Online
- MissingKids.org: Online Safety Resources for (Virtual) Back to School

The following recommendations are based on the findings of an Expert Safety Panel, a committee of experts from organizations with acknowledged expertise in workplace safety and education. The Expert Safety Panel conducted a study and provided a series of recommendations that The Students Commission of Canada follows and that we encourage all workplaces that host in-person events on Take Our Kids to Work Day to follow.

Safety at the Workplace

- Communicate the importance of health and safety through a variety of channels to accommodate different learning styles.
- Enlist workplace health and safety experts to review the content and context of all materials produced for the TOKW program.
- Develop informed consent forms that contain workplace health and safety messaging, signed by students and parents.
- Encourage all participants in the TOKW program to commit themselves to a safe day. Include on forms a section demonstrating that students have read and discussed materials on health and workplace safety before participating.
- Begin TOKW with mandatory workplace orientations that focus on health and safety issues relevant to that environment. Workplaces should use the expertise of their health and safety personnel to assist with the orientation if possible. Where appropriate, there should also be a student health and safety representative for the day.



- Encourage program participants to adopt a zero-tolerance policy for ignoring health and safety guidelines and communicate this in program materials.
- Supervise student participants all day while they are at the workplace site. The student supervisor should be a competent individual and there should be a set ratio of the number of students to each supervisor that is appropriate for each workplace.
- Allow students to undertake only those tasks and experiences for which they have been properly oriented.
- Create an environment where students are encouraged to speak about health and safety concerns, ask questions, and comment on situations they observed during the day. Workplaces should conduct an annual inspection prior to TOKW with a view to youth workplace safety.
- All supervisors should:
    - Train workers to safely perform every task they are assigned and check regularly to ensure that safety procedures are being followed.
    - Alert employees to every possible safety hazard, no matter how obvious or minor.
    - Observe and correct any unsafe practices or conditions.
    - Provide appropriate protective clothing and equipment to every employee.
    - Discuss with your employees any past accidents and the corrective measures that have been taken to prevent similar accidents from happening again.
- Employer liability information
    - A student must be treated with identical care to that of any visitor to an employer's premises. Employers must take reasonable care to ensure that their premises are safe for the visitor.
    - Employers may be liable for damages if a student is injured while on their premises. It is recommended that employers have appropriate liability insurance in place and that they consult their insurance providers in this regard.

Thank you

Thank you for your collaboration and support innovating new ways to nurture future ready students. Together we can promote diverse career pathways and skills for the future, inspiring and equipping today's students to become tomorrow's problem solvers and changemakers.

We also want to thank all our generous supporters for Take Our Kids to Work 2026:

Sponsored by

Oil Sands Alliance

NAV CANADA

WorkSafe Travail sécuritaire NB

Nova Scotia Nouvelle-Écosse

Manitoba

Appendix

Sample Agenda for Take Our Kids to Work

Use this full agenda to customize your day with students in-person at one workplace setting.

TIME	ACTIVITY
9:00-9:30 AM	**Welcome and Introduction to the day** • Greet the students and their accompanying adults. • Provide a brief overview of the day's schedule and expectations. • Show the **Cornerstone Video** to introduce the theme "Different Perspectives, Shared Direction" and set the tone for the day.
9:30-10:00 AM	**Meet & Greet with Employees** • Host a short session where key employees from different departments introduce themselves and explain their roles in the organization. • Encourage students to ask questions about different careers within the organization.
10:00-10:15 AM	**Break**
10:15-11:00 AM	**Job Scavenger Hunt** • Give a list of job descriptions or tasks to students and let them find which employee is associated with each description/task. • Students observe the day-to-day activities of the employees, gaining insight into various roles.
11:00 AM-12:00 PM	**Tour of the Organization** • Conduct a guided tour of the workplace, visiting various departments, workstations, or production areas. • During the tour, explain the different functions within the organization and how they contribute to the overall mission. • Include hands-on demonstrations where possible.

* Time to be adapted based on the school bell schedule

TIME	ACTIVITY
12:00-1:00 PM	**Lunch**
1:00-2:00 PM	**Job Shadowing Session** • Pair students with their relative or employees in different departments based on their interests.

2:00-3:00 PM	I**nteractive Workshop**
	• Organize a workshop where students can engage in a practical activity related to the organization's work.
	  ○ For example, if it's a tech company, they could do a simple coding exercise or design a basic webpage.
	  ○ If it's a manufacturing company, they might participate in an assembly or quality control exercise.

3:00-3:30 PM	**Wrap-Up and Conclusion** • Bring the students back together to reflect on their experiences. • Encourage them to share what they learned and how their perceptions of different careers have changed. • Provide each student with a **Participant's Certificate**. • Thank the students for participating and offer closing remarks.
3:30 PM	**Departure** • Ensure students leave with any informational materials or small souvenirs from the day.

* Time to be adapted based on the school bell schedule

Ideas for Fun, Career-related, Interactive Activities

Take Our Kids to Work Day is a great opportunity to introduce students to the working world in a way that's engaging, educational, and fun. Below are a variety of creative activities you can use to bring your workplace to life and get students involved.

1. Speed-Round Career Spotlights

Structure short, 5-minute sessions with staff from different departments or career levels. Each employee gives a quick overview of their role and answers rapid-fire questions from students — either in person or via a virtual meeting. This fast-paced format keeps energy high and allows students to explore a wide range of roles in a short time.

2. Role-Matching Game

Before the event, prepare a list of job titles from your organization. Have students guess what each role involves — including key responsibilities and required skills.
To make it interactive:

- Use a worksheet with **job titles in column A** and **responsibilities in column B**, and have students match them.
- After the matching activity, invite employees with those job titles to introduce themselves and explain their work.
- Encourage Q&A to deepen learning and correct assumptions.

3. Company Swag Kits

Send out **Take Our Kids to Work Day kits** to participating staff and students ahead of the event. These could include:

- Company t-shirts or mugs
- Branded notebooks or pens
- Printed worksheets or activity materials
- Instructions for upcoming challenges

This small gesture helps build excitement, creates a sense of belonging, and sets the tone for a special day.

4. Department-Based Challenges

Ask presenters from various departments to create simple challenges or tasks related to their work. Examples:

- Marketing team: Create a social media caption for a product.
- Finance team: Decode a basic budget.
- HR team: Role-play a mock interview.

Students can earn points for completing activities and even compete in teams for small prizes.

5. Career MythBusters

Present students with common assumptions about different careers and ask them to decide whether each statement is fact or fiction. Employees then reveal the answers and share what their jobs are really like, helping students understand the realities behind different professions. This activity encourages critical thinking while challenging stereotypes about the workplace.

- Present common myths about various careers.
- Students vote whether each statement is fact or fiction.
- Employees reveal the answers and explain what their jobs are really like.

Example:

- *"People in Finance only work with numbers."*
- *"Marketing is just posting on social media."*
- *"Managers spend all day in meetings."*

6. Play charades.

Have someone in your company develop a list of “secret” words or phrases (e.g., a job function or role). Include a different word/phrase in the Take Our Kids to Work Day kit. During the day, students can sketch (Pictionary-style) or act out (charades style) their word and compete for points, or just for fun!

7. Shark Tank: Office Edition

Challenge students to invent a new product, service, or workplace improvement and present their idea in a short pitch. Employees can serve as judges and provide feedback on creativity, practicality, and presentation skills. This activity combines innovation,

communication, and entrepreneurial thinking in a fun and engaging format.

Instructions:

- Divide students into small teams.
- Give each team a random office item (sticky notes, paper clips, notebooks, etc.).
- Teams have 15 minutes to invent a new product using the item.
- They present their idea to a panel of judges.
- Judges score based on creativity, usefulness, and presentation.

8. Workplace Scavenger Hunt

A hands-on, team-based activity that gets students moving, talking, and observing real-life workplace dynamics.

Objective:

Help students explore different departments, ask questions, observe tasks, and build soft skills such as communication and curiosity.

Instructions:

- Work in pairs or small groups.
- Interact respectfully with staff.
- Complete as many items on the hunt list as possible within 45–60 minutes.
- Share three key learnings at the end.

Sample Scavenger Hunt Tasks:

Task	How to Complete
Find someone who uses a computer daily	Ask what programs or tasks they use
Spot a safety sign or equipment	Describe its purpose and importance
Identify a tool used every day	Learn its name and how it's used
Ask someone about their first job	Compare it to their current role
Find out how people communicate	Email, meetings, radios, etc.
Ask about important job skills	Identify two soft + two hard skills

See where people take breaks	Ask about break routines
Learn about teamwork examples	Ask for a team project story
Identify a job not requiring a degree	Ask what training it requires
Discover the workplace's community impact	Learn about its mission or services

Reflection Questions (Post-Activity)

- What was the most interesting thing you learned?
- Which job or task surprised you most?
- Did this change your idea of what a "real job" looks like?
- What skills seem important in any workplace?

Optional Add-Ons

- **Photo version**: Create a collage (if photos are allowed).
- **Role Spotlight**: Each group focuses on a different job and presents it.
- **Bingo Style**: Turn the scavenger hunt into a bingo card format.

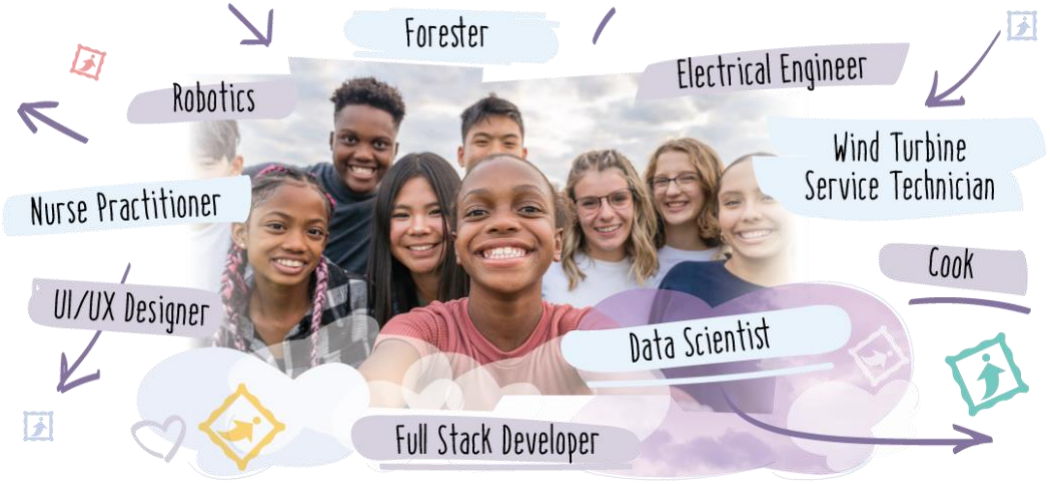
9. Gamify the Day: Career Quest Points

Turn participation into a friendly competition by awarding **Career Quest Points** throughout the day. Use a scoreboard, tracking sheet, or app to keep score, and recognize winners with a small prize or shoutout.

Sample Points System

Action	Points
Ask a thoughtful question to an employee	+5
Share an observation or reflection	+2
Help a teammate complete a task	+3
Complete a mini challenge	+5–10
Volunteer to try a new task or role	+5
Present a short summary	+5
Demonstrate teamwork and communication	+4

Show leadership or encourage others	+4
Create a creative solution to a problem	+6
Stay on task and follow instructions respectfully	+2





Internal Communication / Announcement

Subject: Calling all employees with children in Grade 9!

<Organization> is pleased to announce our participation in the national Take Our Kids to Work Day presented by the Students Commission of Canada on Wednesday, November 4, 2026!

We hope you'll take part by including your Grade 9 student in the day's events, which this year will include <activities>

If you're planning to participate, please contact <insert name> at <insert email address> by <insert date>.

To help make this day a success, speak with your child and ask what he or she would like to learn about that day. We'd like to make sure it's an event they will enjoy. All comments are welcome.

Stay tuned for more details!

Social Media Sample Posts

Join the conversation on social media for TOKW using the **#KidstoWork** and **#TOKW202**6 hashtag. Build some buzz about the exciting activities you are planning and promote the day at your organization.

We're looking forward to amplifying your tweets and posts throughout the day!

SAMPLE SOCIAL MEDIA POSTS BEFORE THE DAY

- Nov 4 is Take Our **#KidstoWork** Day with @StdntsCmmssn! We're proud to take part and support the next generation workforce.
- We're excited to host Gr 9 students virtually and give them a glimpse into our work on Nov 4 for @StdntsCmmssn's Take Our **#KidstoWork** Day!
- Take Our **#KidstoWork** Day is coming up on Nov 4! We're proud to take part and help Canada's youth explore the world of work.
- Take Our **#KidstoWork** Day is back this year! We're excited to take part in "the day that lasts a lifetime" with @StdntsCmmssn on Nov 4!

SAMPLE SOCIAL MEDIA CONTENT FOR THE DAY

- Today's the day that lasts a lifetime! Gr 9 students are participating virtually to explore their futures, now. Join us to celebrate @StdntsCmmssn's Take Our **#KidsToWork** Day!
- Today is Take Our **#KidsToWork** Day! We're proud to host Gr 9 students virtually for a fun, interactive day and support their career exploration!
- We're excited to have visiting Gr 9 students spend a virtual day with us for Take Our **#KidsToWork** Day!



The Students Commission of Canada and The Students Commission of Canada's Liability Information

Take Our Kids to Work Day is an educational program provided by employers for Grade 9 students across Canada. The Students Commission of Canada is pleased to provide suggestions to employers for planning and preparation, including health and safety preparation, in anticipation of Take Our Kids to Work Day. However, The Students Commission of Canada does not arrange or monitor activities or programs that are provided by employers as part of Take Our Kids to Work Day, nor does it provide specific health and safety training to employers or students. As such, employer and student participants in Take Our Kids to Work Day acknowledge and agree that participation in Take Our Kids to Work Day is completely voluntary, and employer and student participants acknowledge and accept all risks of participation and assume full responsibility for all such risks to themselves and/or liability to others.

The Students Commission of Canada is not liable for damages arising from any and all actions, claims, demands, obligations, causes of actions, costs, expenses, and compensation of any kind on account of, or in any way arising out of, or which in the future may result from, participation in Take Our Kids to Work Day or in conjunction with Take Our Kids to Work Day or the negligence of other people, including other participants.