Take Our Kids to Work™

The Students Commission of Canada

FAMILY GUIDE 2026

November 4, 2026

takeourkidstowork.ca

#KidstoWork



Different Perspectives, Shared Direction

Presented by

The Students Commission of Canada
Centre of Excellence for Youth Engagement

La commission des é èves du Canada
Le centre d'excellence pour l'engagement des jeunes

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ABOUT THE STUDENTS COMMISSION OF CANADA

The Students Commission of Canada (SCC) is a charitable organization dedicated to ensuring that young people are valued, heard, and actively involved in shaping their futures. We work purposefully with partners to transform youth ideas into actions that improve their lives, the lives of their peers, and their communities. Our mission is to create a world where all young people transition positively into a successful adulthood, equipped with the skills, confidence, and opportunities they need to thrive.

Through initiatives such as Take Our Kids to Work Day, we aim to break down barriers to career exploration and ensure that every young person has the opportunity to discover a diverse array of career paths. By fostering accessibility and inclusivity, we strive to empower youth to see their potential and realize their role in transforming communities across Canada.

Welcome!



For more than 30 years ***Take Our Kids to Work Day***, a landmark Canadian program, has been dedicated to inspiring the next generation of leaders. This year, the Students Commission of Canada (SCC) is creating new opportunities for both virtual and in-person experiences. With your participation, we hope to equip young people to live this year's theme: Different Perspectives, Shared Direction. We are committed to revolutionizing career exploration and engaging youth from all backgrounds to experience a meaningful day.

This year, on Wednesday, **November 4**, students, their parents, caregivers, educators, schools and workplaces will have access to a diverse range of content to supplement the exciting learning experiences being made available by employers across Canada.

TOKW Career Live! makes it a truly national event where everyone can join us virtually for a live, coast-to-coast conversation about careers in every part of the country. Students can ask questions to exclusive guests and share stories of discoveries from their own exploration with other students across Canada.

The theme for Take Our Kids to Work 2026 is Different Perspectives, Shared Direction. Our resources, video, and live stream feature diverse experiences and representatives. All students, regardless of their circumstances, will be supported as they explore potential paths and imagine the world they want to build. By encouraging this journey, we help them uncover their potential, strengthen our communities and lift up the future for all.

Questions? Ask for help!

info@studentscommission.ca

Signing up for Take Our Kids to Work 2026 with The Students Commission of Canada gives you access to all the details about the event, the resources, and updates about ***TOKW Career Live!*** It provides reminders and links to the recordings and resources for previewing all materials before they go live for students on November 4. Finally, it helps us to scope the impact of the event on a national scale.

How to Participate in Take Our Kids to Work?



There are more ways than ever for everyone to take part in this exciting day! Some of the possibilities:

- Students can participate in Take Our Kids to Work Day hosted **in person** by employers in their area for school groups or for individual students accompanied by parents, relatives or caregivers.
- Teachers can lead students through a Take Our Kids to Work Day **at school**, using the resources, the live streamed event and activities included in the Educator guide.
- Students can participate in the virtual ***TOKW Career Live!*** event and take part in other career exploration activities **from home**.

Tip: Caregivers, check with your employer to see if they are participating in Take Our Kids to Work 2026. Share Take Our Kids to Work resources with the appropriate people in your organization and encourage them to learn more!

Tip: If your child's school is participating in **Take Our Kids to Work**, check with their teacher to see what their plans are for incorporating the program into the classroom. You can learn more by visiting the official Take Our Kids to Work 2026 information page.

A Meaningful Career Exploration Day



Before the day

Whether your child will be taking part in the Take Our Kids to Work Day in your workplace, in school or staying home, engaging in some conversation and activities before the day can help to set the stage. To support your preparation efforts, we've provided a range of example activities in our Educator Guide. These suggestions are designed to help you create a meaningful and engaging lead-up to Take Our Kids to Work, ensuring that students are well-prepared and motivated for the day ahead.

During the day

If your child is following you in your workplace:

1. Tag @StdntsCmmssn in all posts on X, @studentscommission on Instagram and tag The Students Commission of Canada on Facebook and LinkedIn

   Use the hashtag #KidsToWork and #TOKW2026

2. Take screen shots, video and group photos and tag us!

In the event that your child is staying home during the day, there are still various possibilities to experience a meaningful career exploration day. Here are some of the resources offered by the Students Commission of Canada that can be used at home.

DIFFERENT PERSPECTIVES, SHARED DIRECTION CORNERSTONE VIDEO

5 minutes

To kick off Take Our Kids to Work Day 2026, we are excited to present a cornerstone video that will set the tone for the day. This video will provide valuable insights into the significance of the program and the opportunities it offers for career exploration and community engagement.

Access the video on our resource page. (Available early October)

TOKW CAREER LIVE!

All-day drop-in

This virtual national event is designed to bring career exploration to life for students across Canada. Through live presentations, interactive sessions, and expert interviews, Career Live! guides young people toward fulfilling career exploration. It provides a unique platform where students can engage in real-time with professionals from various industries, ask questions, and gain insights into a wide array of career paths. This event breaks down barriers to career exploration, making it accessible to all students, regardless of their location or background. Join us for one or many of the presentation and let's prepare youth for the jobs of today and tomorrow, ensuring they are equipped to thrive in an ever-changing world.

Please see the full-day schedule on our resource page. (Available early October)

After the day

Reflection activities are a valuable way to consolidate learning and share experiences after Take Our Kids to Work Day. To assist with these reflections, we've included a range of post-event activity suggestions in the Educator Guide. These activities are designed to facilitate meaningful conversations and individual reflections, helping students connect their Take Our Kids to Work experiences with their future career aspirations.



SCC LIABILITY DISCLAIMER AND INFORMATION

Take Our Kids to Work Day is an educational program provided by employers for Grade 9 students across Canada. The Students Commission of Canada is pleased to provide suggestions to employers for planning and preparation, including health and safety preparation, in anticipation of Take Our Kids to Work Day. However, The Students Commission of Canada does not arrange or monitor activities or programs that are provided by employers as part of Take Our Kids to Work Day, nor does it provide specific health and safety training to employers or students. As such, employer and student participants in Take Our Kids to Work Day acknowledge and agree that participation in Take Our Kids to Work Day is completely voluntary, and employer and student participants acknowledge and accept all risks of participation and assume full responsibility for all such risks to themselves and/or liability to others.

The Students Commission of Canada is not liable for damages arising from any and all actions, claims, demands, obligations, causes of actions, costs, expenses, and compensation of any kind on account of, or in any way arising out of, or which in the future may result from, participation in Take Our Kids to Work Day or in conjunction with Take Our Kids to Work Day or the negligence of other people, including other participants.

Thank you

Thank you for your collaboration and support innovating new ways to build future ready students. Together we can promote diverse career pathways and skills for the future, inspiring and equipping today's students to become tomorrow's problem solvers and changemakers.

We also want to thank all our generous supporters for Take Our Kids to Work 2026:

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